



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

YOU BELONG HERE



Membership Rates CHINO VALLEY YMCA

FACILITY MEMBERSHIP

CATEGORY	JOINING FEE	MONTHLY FEE	DAILY FEE
YOUTH (6 - 15)	\$75/YEAR	NONE	\$2
YOUNG ADULT (16 - 21)	\$40	\$27	\$6
ADULT (22 - 54)	\$60	\$33	\$9
SENIOR (55+)	\$40	\$27	\$6
ONE ADULT FAMILY (One Adult & Children Under 18)	\$70	\$41	\$12
FAMILY (Two Adults & Children Under 18)	\$80	\$57	\$18
ONE SENIOR & ONE ADULT FAMILY	\$75	\$52	NONE
SENIOR FAMILY	\$70	\$50	NONE
ADDITIONAL ADULT	NONE	\$27	NONE

CHINO VALLEY YMCA

5665 Edison Ave
 CHINO, CA 91710
 P 909-597-7445 F 909-597-2072
www.weymca.org/chino



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AQUAFIT

MONDAY—SATURDAY 9:00-10:00AM
MONDAY—THURSDAY 6:00-7:00pm

AEROBICS

MONDAY - WEDNESDAY 8:30 - 9:30 AM
WEDNESDAY 5:00 - 6:00 PM

YOGA

MONDAY 6:00 - 7:00 PM
WEDNESDAY 6:00 - 7:00 PM
THURSDAY 6:00 - 7:00 PM

STEP AND STRENGTH

THURSDAY 5:00 - 5:50 PM

20-20-20

FRIDAY 8:30 - 9:30 AM

PILATES

MONDAY 7:30 - 8:30 AM
TUESDAY 6:00 - 7:00 PM
WEDNESDAY 7:30 - 8:30 AM
FRIDAY 7:30 - 8:30 AM

FACILITY HOURS

MONDAY - FRIDAY 5:30 AM - 9:00 PM
SATURDAY 6:00 AM - 6:00 PM
SUNDAY 11:00 - 4:00 PM

SILVER SNEAKERS

TUESDAY (AEROBICS) 1:00-1:45 PM
WEDNESDAY (YOGA) 1:00-1:45 PM
THURSDAY (AEROBICS) 1:00-1:45 PM

FAMILY FITNESS TRAINING

WEDNESDAY 5:00 - 6:00 PM

BODY SCULPT

TUESDAY 8:30 - 9:30 AM
TUESDAY 5:00 - 6:00 PM

ZUMBA

THURSDAY 8:30 - 9:30 AM

YOUTH FITNESS

TUESDAY 5:30 - 6:30 PM

30 MINUTE ABS

MONDAY 5:15 - 5:45 PM

BABYSITTING HOURS

MONDAY - FRIDAY 8:30 - 10:00 AM
MONDAY - THURSDAY 5:00 - 7:30 PM

NOTE: No one under 12 years old is allowed in the Weight or Cardio Rooms. Children between 12 & 15 years old must complete an orientation and must be accompanied by an Adult Member at all times while using the Weight and Cardio Rooms