

## Scheu Family YMCA of Upland presents: Huff Family Sharks

## Huff Family Sharks Pre-Swim Team September 5, 2017- December 9, 2017

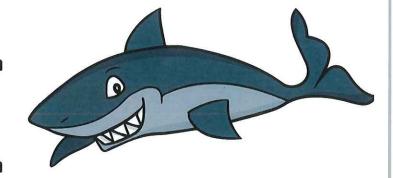
The Huff Family Sharks is a non-competitive pre-swim team for youth, ages 6-14. We focus on stroke technique, fitness, and build endurance while learning the importance of dedication and teamwork. The Huff Family Sharks emphasize the YMCA core values of caring, honesty, respect and responsibility.

Silver Group Practice

Tuesday & Thursday 5:00-6:00pm Saturday 9:00-10:00am

**Gold Group Practice** 

Monday- Thursday 6:00-7:00pm Saturday 9:00-10:00am



<sup>\*</sup>Swimmers are required to attend practice a minimum of 2 times a week\*

## To Participate:

- Swimmers are required to tryout and must be able to swim at least 1 length (25 yards)
  of the big pool continuously without assistance or flotation device in all 4 competitive
  strokes. (Butterfly, Backstroke, Breaststroke, Freestyle)
- Every participant MUST fill out a Registration Form, a Code of Conduct form, and Participant Info form.
- Each swimmer must have a valid facility membership throughout the whole season.

## **Program Fee:**

- \$395 for the fall/winter season
- Includes: Y Swim Cap, Goggles, Team T-Shirt, Mesh Backpack, and end of season swim meet fee

FOR MORE INFORMATION CONTACT:
Kirstie- Aquatic Director
Kirstie@weymca.org

**IMPORTANT- PLEASE READ:** 

There are no credits, refunds or make up classes for any missed swim practice. Credits will be issued only when a doctor's note is provided and dated starting that the student is/was not able to swim due to illness or injury. Classes and times are subject to change and offered at a first-come first-serve basis.