



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA POOL SCHEDULE

HUFF FAMILY AQUATIC CENTER

Pool Schedule

FALL 2017

December 1st-
December 31st

Lifeguards & Pool Rules

The Lifeguard may modify this schedule to ensure a safe aquatic environment. Please know AND follow the YMCA locker room & pool rules at all times.

Lap Swimming

All designated lap swim lanes are to be shared by lap swimmers.

Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Our therapeutic pool is for all to enjoy an aqua walk workout. No lap swimming is allowed in the small pool due to the high temperature of the water. Lap swim is open to all individuals that are capable of swimming laps continuously across the pool. Children under the age of 16 will be asked to do an orientation with the lifeguard to receive approval for lap swimming.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45-9:00 Lap Swim (4-5 lanes)	5:45-9:00 Lap Swim (4-5 lanes)	5:45-9:00 Lap Swim (4-5 lanes)	5:45-9:00 Lap Swim (4-5 lanes)	5:45-9:00 Lap Swim (4-5 lanes)	5:45-9:00 Lap Swim (4-5 lanes)	7:00-9:00 Lap Swim All 6 lanes	11:00-1:30 Lap Swim (4-5 lanes)
Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)		Aqua Walk/Fitness (1-2 lanes)
9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	1:30-3:30 Lap Swim (3 lanes) Open Swim (3 lanes)
Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	
10:00-11:30 Lap Swim (1-2 lanes)	10:00-11:30 Lap Swim (1-2 lanes)	10:00-11:30 Lap Swim (1-2 lanes)	10:00-11:30 Lap Swim (1-2 lanes)	10:00-11:30 Lap Swim (1-2 lanes)	10:00-11:30 POOL CLOSED FOR CLEANING		
11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)		10:00-1:30 LAP SWIM OPEN SWIM
1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:30-3:30 Lap Swim (2 lanes) & Open Swim (4 Lanes)	
3:00-6:00 Lap Swim (2-3 lanes) Open Swim (3-4 lanes)	3:00-6:00 Lap Swim (2-3 lanes) Open Swim (3-4 lanes)	3:00-6:00 Lap Swim (2-3 lanes) Open Swim (3-4 lanes)	3:00-6:00 Lap Swim (2-3 lanes) Open Swim (3-4 lanes)	3:00-6:00 Lap Swim (2-3 lanes) Open Swim (3-4 lanes)	3:00-8:30 Lap Swim (2-3 lanes) Open Swim (3-4 lanes)	3:30-4:30 Lap Swim (3 lanes) & Open Swim (3 Lanes)	
6:00-7:00 Aqua Walk/Fitness (2-3 lanes) LAP SWIM (3-4 lanes)	6:00-7:00 Aqua Walk/Fitness (2-3 lanes) LAP SWIM (3-4 lanes)	6:00-7:00 Aqua Walk/Fitness (2-3 lanes) LAP SWIM (3-4 lanes)	6:00-7:00 Aqua Walk/Fitness (2-3 lanes) LAP SWIM (3-4 lanes)	6:00-7:00 Aqua Walk/Fitness (2-3 lanes) Lap Swim (3-4 lanes)			
7:00-8:30 Lap Swim (3 lanes) Open Swim (3 lanes)	7:00-8:30 Lap Swim (3 lanes) Open Swim (3 lanes)	7:00-8:30 Lap Swim (3 lanes) Open Swim (3 lanes)	7:00-8:30 Lap Swim (3 lanes) Open Swim (3 lanes)	7:00-8:30 Lap Swim (3 lanes) Open Swim (3 lanes)			

POOL HOURS:
Monday-Friday
5:45am-8:30pm
Saturday:
7am-4:30pm
Sunday:
11:00am-3:30pm