



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA POOL SCHEDULE

HUFF FAMILY AQUATIC CENTER

Main Pool Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Winter 2018 January 1 – March 31st	6:15-9:00 Lap Swim (4-5 lanes)	6:15-9:00 Lap Swim (4-5 lanes)	6:15-9:00 Lap Swim (4-5 lanes)	6:15-9:00 Lap Swim (4-5 lanes)	6:15-9:00 Lap Swim (4-5 lanes)	7:45-9:00 Lap Swim All 6 lanes	11:00-1:30 Lap Swim (4-5 lanes)
Lifeguards & Pool Rules Please know AND follow the YMCA locker room & pool rules.	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)	Aqua Walk/Fitness (1-2 lanes)		Aqua Walk/Fitness (1-2 lanes)
Lap Swimming All designated lap swim lanes are to be shared by lap swimmers. Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane.	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	9:00-10:00 Lap Swim (1-2 lanes)	1:30-3:30 Lap Swim (3 lanes) Open Swim (3 lanes)
	AQUAFIT (4-5 lanes)	AQUAFIT (4-5 lanes)	AQUAFIT (4-5 lanes)	AQUAFIT (4-5 lanes)	AQUAFIT (4-5 lanes)	AQUAFIT (4-5 lanes)	
	10:00-11:30 Youth Swim Lessons Lap Swim (1-2 lanes)	10:00-11:30 Youth Swim Lessons Lap Swim (1-2 lanes)	10:00-11:30 Youth Swim Lessons Lap Swim (1-2 lanes)	10:00-11:30 Youth Swim Lessons Lap Swim (1-2 lanes)	10:00-11:30 POOL CLOSED FOR CLEANING		10:00-1:30 Youth Swim Lessons NO LAP SWIM
Multiple activities are often scheduled in this pool at the same time. Lap lanes & pool configuration may change at any time.	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)	11:30-1:00 Lap Swim (4 lanes) Aqua Walk/Fitness (2 lanes)		
Lap swim is open to all individuals that are capable of swimming laps continuously across the pool. Children under the age of 16 will be asked to go through orientation with the lifeguard to receive approval for lap swimming.	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:00-3:00 Open Swim (3 lanes) Lap Swim (3 lanes)	1:30-3:30 Lap Swim (2 lanes) & Open Swim (4 Lanes)	
	3:00-6:00 Youth Swim Lessons (all 6 lanes)	3:00-6:00 Youth Swim Lessons (all 6 lanes)	3:00-6:00 Youth Swim Lessons (all 6 lanes)	3:00-6:00 Youth Swim Lessons (all 6 lanes)	3:00-7:00 Lap Swim (2-3 lanes) Open Swim (3-4 lanes)	3:30-4:30 Lap Swim (3 lanes) & Open Swim (3 Lanes)	
Open Swim for children under the age of 16 will be asked to go through a swim test to be placed in an appropriate area of supervision based on their abilities in the water and may be asked to wear a life vest.	5:00-6:00 Water Polo Club NO LAP SWIM	5:00-6:00 Water Polo Club NO LAP SWIM	5:00-6:00 Water Polo Club NO LAP SWIM	5:00-6:00 Water Polo Club NO LAP SWIM			
	6:00-7:00 AQUAFIT (2-4 lanes)	6:00-7:00 AQUAFIT (2-4 lanes)	6:00-7:00 AQUAFIT (2-4 lanes)	6:00-7:00 AQUAFIT (2-4 lanes)	7:00-8:00 SHARK CLUB (6 lanes) 8:00-8:30 Open swim		
	7:00-8:00 SHARK CLUB (6 lanes)	7:00-8:00 SHARK CLUB (6 lanes)	7:00-8:00 SHARK CLUB (6 lanes)	7:00-8:00 SHARK CLUB (6 lanes)			
	8:00-8:30 Open Swim	8:00-8:30 Open Swim	8:00-8:30 Open Swim	8:00-8:30 Open Swim			

Pool Hours
Monday-Friday
 6:15am-8:30pm
Saturday
 7:45am-4:30pm
Sunday
 11:00-3:30



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