



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Swim Lesson Schedule- April

Program	Price
Group Swim Lessons: Monday/Wednesday	Member: \$80 Program Participant: \$104
Group Swim Lessons: Sundays	Member: \$40 Program Participant: \$52
Private Swim Lessons Per 30 Minute Lesson	Member: \$38 Program Participant: \$57

Program	Price
Pre-Comp A: Monday, Wednesday & Friday	Member: \$144 Program Participant: \$180
Pre-Comp B: Tuesday, Thursday & Sunday	Member: \$144 Program Participant: \$180

Session	Session Dates	Registration Opens
March	3/1-4/3	2/8
April	4/5-5/2	3/15
May	5/3-5/30	4/12
June	5/31-7/3	5/10
July	7/5-8/1	6/14
August	8/2-8/29	7/12
September	9/6-9/26	8/16
October	10/4-10/24	9/13
November	11/1-11/28	10/11
December	12/6-12/18	11/15

WHICH STAGE IS THE STUDENT READY FOR?

Can the student respond to verbal cues and jump on land?

NOT YET **A / WATER DISCOVERY**

Is the student comfortable working with an instructor without a parent in the water?

NOT YET **B / WATER EXPLORATION**

Will the student go underwater voluntarily?

NOT YET **1 / WATER ACCLIMATION**

Can the student do a front and back float on his or her own?

NOT YET **2 / WATER MOVEMENT**

Can the student swim 10-15 yards on his or her front and back?

NOT YET **3 / WATER STAMINA**

Can the student swim 15 yards of front and back crawl?

NOT YET **4 / STROKE INTRODUCTION**

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET **5 / STROKE DEVELOPMENT**

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET **6 / STROKE MECHANICS**

Stage	Sun	M/W
Parent/Child A/B	11:00am-11:30am	
Preschool 1	11:00am-11:30am	
Youth 1	11:45am-12:15pm	
Preschool 2	11:45am-12:15pm	
Youth 2	12:30pm- 1:00pm	3:30pm-4:00pm
Preschool 3	12:30pm- 1:00pm	
Youth 3	11:00am-11:30am	3:30pm-4:00pm
Youth 4	1:15pm-1:45pm	4:15pm-4:45pm
Youth 5	2:00pm-2:30pm	4:15pm-4:45pm 5:00pm-5:30pm
Youth 6	10:15am-10:45am	5:00pm-5:30pm

PRE-COMPETITION CLASSES:
M/W/F (A) - 5:30pm-6:15pm
T/TH (B)- 5:45pm-6:30pm
SUN (B) - 2:45pm-3:30pm

***PRIVATE SWIM LESSONS AVAILABLE**

VISIT OUR WEBSITE www.weymca.org/swimlessons



Infant & Toddler
6 mos.-3 yrs.
Stages A-B



Preschool
3-5 yrs.
Stages 1-6



School Age
5-12 yrs.
Stages 1-6



Teen & Adult
12+ yrs.

Questions? Email catherine.longoria@weymca.org