



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MASTERS SWIM PROGRAM

Scheu Family YMCA of Upland

Meet Your Coaches



My name is Asher and my stroke specialization is butterfly and distance freestyle. I started swimming my freshman year of high school off a dare and have loved it ever since. In high school I won Valle Vista championships in 4 separate races and placed highly in the 100 fly every year at CIF. While swimming in college, I got 3rd in the 200-freestyle relay at ECAA's. Even though I have swam for most of my career I really enjoy creating swim sets that are enjoyable for every level of swimmer!

Hi all! My name is Gabriel and I'll be one of the coaches in the new Masters Swim program we are starting. I've been swimming since the age of 3, and got into competitive swimming in high school. I specialize in breast stroke, and long distance endurance swim training. I swam for the club team at my college for one year, and have continued to pursue my passion for aquatics by staying active in the pool, and being in and around water sports. I've also done rowing for a year, and enjoy kayaking frequently. I'm excited to start this program with everyone, and look forward to meeting all.

